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West Hills Neighborhood Council

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JOINT BOARD AND PUBLIC SAFETY AND EMERGENCY PREPARENESS and PUBLIC HEALTH COMMITTEE Meeting Final Minutes Wednesday October 15, 2025 by Zoom Link

Attendance: Saif Mogri, Faye Barta, Brad Vanderhoof, Brenda Citrom, Kim Koerber, and Glenn Jennings.

Committee Members Absent: Aida Abkarian

Other WHNC Board Members Present: Brian Murray

1. Call to order and Establish Quorum: Saif Mogri called the meeting to order at 6:33 PM. A quorum was established.
2. Comments from the Chair: Thanked Kim and Brenda for volunteering to present a couple of interesting topics on safety and health.
3. Review and Approve Minutes of September 17, 2025: The minutes were approved as amended.
4. Presentation and Discussion on Motorized Bikes Safety: Brenda mentioned that most of the information is from Chat GPT. She also spoke with the GM of Spoke 'N Wheels. She said some young kids (12-14 year olds) are riding their motorized bikes on Platt without wearing helmets. The important thing for motor vehicles is to be aware of the kids on the motorized bikes, keep a safe distance and go around them. They pop in and out of sidewalks. The motorized bikes are quiet and, therefore, it is important to be aware of them. Parents need to discuss safety topics with their children. There is a lot of information available on-line.
5. Presentation and Discussion of Type I and II Diabetes: Kim mentioned that a majority of the doctors in the hospitals are not aware of Type I diabetes. Kim described the process of how a human body produces and uses the insulin. Type I diabetes is auto immune versus Type II is hereditary and can be controlled with diet and exercise. Kim discussed the effects of high and low blood sugar.
6. General Public Comments: There were no Public Comments.
7. Topic Suggestions for Future Meetings: Brenda mentioned presenting a podcast on exercises for 60 and older.
8. The meeting was adjourned at 7:19 PM.